

## BARBARA J. ZABAWA BIOGRAPHY

### AUTHOR OF “THE TUG: FINDING PURPOSE AND JOY THROUGH ENTREPRENEURSHIP”

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Barbara Zabawa is the founder and President of the Center for Health and Wellness Law, LLC, a law firm dedicated to improving legal access and compliance for the health and wellness industries. She is also the founder of Pursesuitz, LLC, a mission-based fashion company featuring the Pocketwear Tank and that promotes gender equality. Finally, she is founder of Lemonspark, a movement and podcast celebrating the sparks that lead people to meaningful pursuits after experiencing life’s lemons.

Zabawa is lead author of the book Rule the Rules on Workplace Wellness Programs, published by the American Bar Association. She is a frequent writer and speaker on health and wellness law topics, having presented for national organizations such as WELCOA, National Wellness Conference, HPLive, Healthstat University and HERO.

Zabawa is a Clinical Assistant Professor for the University of Wisconsin Milwaukee College of Health Sciences, Department of Health Services Administration where she teaches graduate and undergraduate courses in health law and compliance, US health care delivery and health professions career development.

Zabawa serves health and wellness professionals and organizations across the country as an advocate, a transactional lawyer and a compliance resource. Her commitment to improving health and wellness also shows through her community service. Barbara founded the Wellness Compliance Institute, a nonprofit organization that seeks to improve wellness program and activity compliance. She has also served on the Board of Directors for the National Wellness Institute and Rogers Behavioral Health System.

She is licensed to practice law in both Wisconsin and New York.

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